



## Monthly Events



mondau

wednesday luesdau

thursday

pridar

Holiday Stress (1000-1200)



Holidays are a time for joy and celebration, but the hectic pace shopping, travel and family obligations often causes a great deal of stress. Join us for some practical, common sense techniques to help alleviate Holiday Stress NSA Chapel,

Sponsorship Training (1000-1100)

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**Employment** Opportunities in Gaeta (0900-1000)



SAT/ACT Testing

Free Internet at Home

Intercultural Relations (0830-1630)

Free Internet

at Home

6 Checkbook Management



Interviewing

(1400-1500)

A successful interview begins with

homework and preparation. Let us help



Employment Opportunities in Gaeta (0900-1000)



Want to learn about what Italians do during Christmas? This workshop explains this and much more; also, don't miss the fun of playing "Tombola" and winning some prizes. Buon Natale a tutti! Classroom # 1





**Area Orientation** 

Windshield Tour

Credit Management (1400-1500)



stop by the pier

you plan your strategy and practice common interview questions Italian Cooking Class



(0930-1330) Learn how to prepare delicious Italian recipes at the IPSSAR Cooking School in Gianola, Formia.

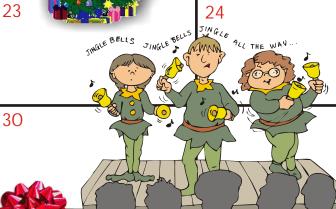
19 Intercultural Relations This classroom session covers Italian language, history, culture, customs, and shopping. It prepares you to live in Italy.

ICD Dome This transportation oriented field trip is open to all those who have attended an ICR classroom session. Meet at the bus



Transition Assistance Program

Pre-Separation TAP (0830-1600) -- This pre-separation workshop covers Veteran's benefits and job search skills for your second career. Classes are open to all active duty and spouses. Computer classroom will be closed





fleet & family Support Center



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Gaeta Sunrise

Career Counselor/Financial Specialist

To sign up for classes call 0771-709818 or come to visit us!!

ffsc team

Kathleen Brainerd Director Vacant **Deputy Director** EM1 (SW) Magtibay



Counselor Matthew McGahran Counselor

Alice Slate TAMP Manager

Gerri Carlon

Angelo D'Arienzo Computer Specialist

Lisa Montminy Office Manager/I&R

Heidi Cramb

Relocation Specialist Eliana Candido Receptionist

SEAP/Volunteer Specialist ICR Specialist

Marisa Di Nitto

Loan Conkle

New Parent Support Nurse



